

TALK IT UP!

- Say "hello!" as soon as you see another trail user. No one likes being caught by surprise!
- Talking is important to build our trail community.
- It's critical for horses that might think you are a predator (like a mountain lion).
- When passing, always pass slowly and remember to say "thanks!"

WEAR A BELL! WHY?

- People can hear a bell 150 yards away.
- Dogs and horses can hear a bell 1/4 mile away.
- Bells allow users to meet safely.

WEAR A HELMET!

- Falling may result in serious injury or death.
- Our trails are crowded!
- It's impossible to prevent accidents from happening.

WHAT DOES THIS SIGN REALLY MEAN?



TRAIL COURTESY = TRAIL SAFETY

- **Bikes** yield to **runners/hikers**. Everyone else yields to **horse riders**.
- Do what makes the most sense in a particular situation.
- Let uphill trail users keep going so they don't lose their momentum.
- It's best to allow the faster trail user pass when it is safe to do so.



TRAIN YOUR HORSES TO BE SAFE!

- A calm equestrian = a calm horse.
- Pair up with a biker on and off the trails. Start in the arena and work up to the trails.
- Practice the chase! Running after a cyclist will shift your horse's mindset from prey to predator.

TAKE SPECIAL CARE AROUND HORSES!

- Start talking as soon as you see a horse so they know you are a human.
- As the equestrian what they'd like you to do. They may ask you to wait until they can position their horse in a safe place.
- Stay visible! Don't ever step off a trail behind a tree or bushes as that will scare a horse.
- Horses may need to turn around to face you as you pass.
- Horses spook easily! Take care when passing and keep talking as you pass!



ABOUT THE ATA:

Auburn Trails Alliance (ATA) is a 501(c)3 nonprofit organization, which incorporated in 2014. Our board is diverse and is comprised of runners, hikers, mountain bikers, and road bikers who all enjoy Auburn area trails and dream of a safe and accessible City for active transportation.

ATA is dedicated to building greater town-to-trail connectivity in the City of Auburn and surrounding communities. We promote the creation of bike and pedestrian programs, amenities, and infrastructure that foster safe, sustainable, and fun transportation alternatives for our active and diverse outdoor community.